

LLU MISSION FOCUSED LEARNING OUTCOME: WHOLENESS

Loved by God, to Grow in Health, and to Live with Purpose Within Community.

One of Loma Linda University's Mission-Focused Learning Outcomes is wholeness. The course you are now taking is designed to help you apply and document the philosophy of wholeness in your personal and professional life. Wholeness is defined by the University as "loved by God," "growing in health," and "living with purpose in community." In this survey you will first be asked to select the program and course you are in and the name of your instructor. Following that you will be asked to respond on the three aspects of wholeness. Please take a minute to reflect on each of the elements and assess which statement best describes your life today. When you reflect, be honest with yourself. There are no right or wrong answers. Your responses will be aggregated with others.

After your wholeness assessment, feel free to note areas of strength or where you would like to see improvement. This is optional.

During the final year of your program, you will be asked to reassess yourself. Again, there are no right or wrong answers. The reassessment provides you with an opportunity to reflect on your LLU experiences and personal level of wholeness. You will also be asked what factors you feel most influenced your reassessment choices.

<i>Criteria</i>				
Loved by God (Spiritual)	I am committed to sharing with others how to experience and share God's love just as I have endeavored to do.	I incorporate the love of God into my personal and professional life and share with others when given the opportunity.	I incorporate the knowledge that God loves me into my personal and professional life.	I know what it means to be loved by God.
Growing in Health (Personal & Professional)	I make it a purpose to mentor or coach others in attaining their health goals in both their personal and professional lives.	I share with others evidence-based health resources for both their personal and professional lives.	I actively integrate health principles into my personal and professional life.	I have identified a variety of evidence-based health principles for my personal and professional life.
Living with Purpose in Community (Social)	I develop plans or take part in leadership efforts so others can participate in community service programs.	I participate in community service, service learning and/or clinics beyond the requirements of the program.	I participate in community service, service learning and/or clinics to meet program requirements.	I am aware of community programs offered through a variety of venues.

(Optional) Personal Strengths/Areas for Personal Growth: _____