

Car Disaster Kit

Storage (best if it can be carried)

Backpack
Duffle bag with shoulder straps
Tote bag with shoulder straps

Water, Food, Sanitation (recommend 1-2 days)

Drinking water in water bottle sizes (1 gallon/person/day)
Canned food (and can opener!) or portable snacks such as Cliff Bars, granola bars, nuts or dried fruit
A few medium sized plastic garbage bags (kitchen can sized)
Small roll of toilet paper
Personal/feminine hygiene products
Towel
Soap
Small packet of baby or wet wipes
Hand sanitizer
Infants/children:

- Infant formula
- Diapers and extra wipes
- Extra set of clothing (update regular as they grow)
- Small stroller or baby carrier, in case you have to walk a long way

Clothing and Shelter

Walking or hiking boots
One set of extra clothes
Jacket/shell
Hat
Sunglasses
Sleeping bag or blanket
Plastic sheeting or tarp
Nylon cord or twine, 50'

Equipment and Tools

Paper and pencil
Whistle
Flashlight with extra batteries (recommend LED style lights)
Battery charger system (battery or solar) and/or adapter for car

Equipment and Tools (continued)

Portable battery powered radio for news (or car radio)
Knife or multi-tool
Jumper cables
Small shovel
Leather gloves
Protective eyewear
Dust mask (prefer N-95 style)
Duct tape
Five large trash bags
Five large zip top bags
Fire extinguisher

Medical Supplies

Small supply of prescription medications
Small travel kit with personal care items
Sunscreen
First Aid - In addition to a standard first aid kit, add the following trauma supplies:

- Sterile 4x4 gauze (1 stack/person)
- Roller gauze (2/person)
- Triangular bandages (2/person)
- Fabric medical tape (2 rolls)
- Antibacterial ointment (1 large tube)
- Burn ointment
- Scissors
- Tweezers
- Non-latex gloves

Special items

Copies of important documents

- Family disaster plans
- Communications plan

Copies of any current prescriptions
Book
Deck of playing cards
Kids

- Games
- Toys
- Favorite stuffed animal(s)
- Personal comfort item

Cash in small bills