



LOMA LINDA UNIVERSITY
HEALTH

LLUMC CATERING

MC Nutritional Services , Room 1301

909-558-5630 or Ext. 45630

Vegetarian Menu Options



All orders need to be submitted at least 48 hours in advance.

Last minute and after hour orders will be subject to an additional late fee.

Breakfast

Continental Breakfast- Assorted muffins, fresh cut fruit, assorted juices, hot beverage service.

Breakfast Bake options- Egg Bake, Monterey Bake, or Spinach Quiche

Waffle Bar- Fruit topping, syrup, whipped Cream, eggs, juice or hot beverage service.

Chilequile Bar- Eggs, corn tortilla chips, , onion, cheese & green enchilada sauce. juice or hot beverage service.

Breakfast Burritos- *Classic-* eggs, potatoes, cheese & red salsa. *Avocado-* eggs, potatoes, cheese, fresh avocado salsa, *Vegan-* tofu, potatoes, red salsa.

Hot Cereal Bar- Oatmeal, Cream of Wheat, or Cornmeal w/ almonds



Say good morning to your body

EAT BREAKFAST



Bagels & Cream Cheese- Plain, onion, blueberry, cinnamon raisin

Breakfast Sandwiches- Egg & Cheese. *All sandwiches come on a bread choice of English Muffin, Croissant or Telera Roll. Vegetarian Sausage or Stripple may be added upon request.*

Fruit and Yogurt- Fresh cut fruit & berries (seasonal) with your choice of strawberry or plain yogurt and granola crumbles.



SAY YES! TO A HEALTHY BREAKFAST



Additional Breakfast Items

- Muffins (Assorted)
- Danish (Assorted)
- Mini Croissants
- Tater Tots
- French Toast Sticks
- Cinnamon Roll
- Scones

Beverages

- Assorted Bottled Juices
- Bottled Water
- Iced Tea
- Lemonade
- Passion Fruit Punch
- Coffee/Decaf
- Herbal Tea (Assortment)
- Hot Chocolate

Lunch/Dinner



Specialty Bar Options

Haystack Bar– Frito chips, beans, cheese, lettuce, tomatoes, green onion, sour cream & Salsa

Baked Potato Bar– Butter, sour cream, chives, broccoli, cheese

Vege-Burger Bar– Burger buns, garden burgers, lettuce, tomatoes, onion, cheese, pickles.

Burrito Bar– Beans, rice, vege-taco meat, cheese, lettuce, tomatoes, sour cream and salsa.

Pasta Bar– Spaghetti, bow tie pasta, marinara sauce, alfredo sauce, roasted vegetables.

Ciabatta Bar– Talera roll, 3 cheese, turkey-style & chicken-style meat slices, lettuce, tomatoes, onion, mayonnaise

Soup & Salad– 2 Soup choices, gourmet salad and dinner roll

Entrees

Lasagna Roll ups

Manicotti

Ravioli– with Lemon Sauce or Marinara

Chicken-Style Parmesan

Mac & Cheese

XL Pizza

Southwest Enchiladas

Cheese Enchiladas

Chile Relleno

Cottage Cheese Loaf

Crepes– Florentine, Asparagus, Artichoke or Zucchini



Sides

Spanish Rice

Refried Beans

Garlic Mashed Potatoes

Steamed Vegetables

Gourmet Salad

Guacamole

Salsa

Pasta Salad



It's time for lunch



Additional Items

- Gourmet lunch box w/ bottled water
- Wellness hot lunch box w/ bottled water
- Fruit Bowl
- Fruit Platter
- Veggie Platter– with dip or hummus
- Cheese & Crackers
- Chips & Salsa
- Chips & Dip
- Chips & Avocado Salsa
- Pita Chips & Hummus

Desserts

- Assorted Dessert Bars
- Assorted Gourmet Cookies
- Brownies
- Cheesecake
- Fruit Cobbler
- Gourmet Cupcakes
- Strawberry Shortcake (seasonal)
- Churros
- Cinnamon Chips